



CONNECTICUT COMMUNITY
FOR ADDICTION RECOVERY

RECOVERY COACHES AND SPIRITUALITY[®]

Recovery Coach Academy

For some, spirituality plays a large part of their Recovery. This two-day program helps Recovery Coaches understand spirituality and how they might support a recoveree who includes spirituality in their own Recovery process. As spirituality is deeply personal, exploring individual personal beliefs and values prepares Recovery Coaches so they speak about spirituality in a way that embraces and accepts all beliefs. Recovery Coaches who engage in this work can better support spirituality as part of the Recovery Wellness Plan of the recoveree.

PARTICIPANTS IN THIS COURSE WILL:

- Define spirituality
- Explore personal beliefs and values of spirituality
- Learn acceptance when supporting others who hold differing spiritual beliefs
- Discover tools, resources, and language designed for inclusivity

This training provides 12 CEUs/Contact Hours.



RECOVERY COACH ACADEMY