



Recovery Coaching in the Emergency Department© - Breakdown of Hours

Time in Minutes - Day One

Module	Recovery Coaching/ Advocacy	Mentoring/ Client Education	Recovery Wellness/ Support	Ethics	Lunch/ Breaks
Welcome, Introduction of Presenters and Participants	30				
Working Agreements	10				
Professionalism	45				
Accountability	30				
Recovery Coach Roles Parts One and Two	55				
Journal	10				
Job Responsibilities Parts One and Two	80				
Staying in Your Lane	45				
Language of Recovery	45				
Pluses/Wishes/Closure	10				
Times are approximate	360	0	0	0	
Day One Total (in hours)	6	0	0	0	



Recovery Coaching in the Emergency Department© - Breakdown of Hours

Time in Minutes - Day Two

Module	Recovery Coaching/ Advocacy	Mentoring/ Client Education	Recovery Wellness/ Support	Ethics	Lunch/ Breaks
Welcome, Agenda, and Reconnection	20				
Huddles and Mingles/ Review of Yesterday	25				
Motivational Interviewing	70				
Stages of Change	70				
Journal	15				
Moving from Pathways to - to Pathways of (Recovery)	75				
Developing Your Art	60				
Pluses/Wishes/Closure	25				
Times are approximate	360	0	0	0	
Day Two Total (in hours)	6	0	0	0	



Recovery Coaching in the Emergency Department© - Breakdown of Hours

Time in Minutes - Summary

CCAR Total Hours:	Recovery Coaching/ Advocacy	Mentoring/ Client Education	Recovery Wellness/ Support	Ethics	Free
12 hours	12	0	0	0	