



Ethical Considerations for Recovery Coaches© - Breakdown of Hours

Time in Minutes - Day One

Module	Recovery Coaching/ Advocacy	Mentoring/ Client Education	Recovery Wellness/ Support	Ethics	Lunch/ Breaks
Welcome, Introduction of Presenters and Participants				10	
Overview of the Training				15	
Creating a Safe Place, Working Agreements				20	
What are Ethics?				70	
Ethical Terms				60	
Journaling				15	
Why are Ethics so Important				60	
How to Stay in Your Lane	30				
Role Plays				80	
Pluses/Wishes/Closure				10	
Times are approximate	30	0	0	340	
Day One Total (in hours)	0.5	0	0	5.66666667	



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Time in Minutes - Day Two

Module	Recovery Coaching/ Advocacy	Mentoring/ Client Education	Recovery Wellness/ Support	Ethics	Lunch/ Breaks
Welcome, Agenda, and Reconnection				20	
Huddles and Mingles/ Review of Day One				30	
Review of Working Agreements				10	
Core Recovery Values and Ethical Conduct				30	
Ethical Considerations				30	
Difference Between Wants vs. Needs				40	
What is Decision Making				35	
Zones of Decision Making for a Recovery Coach				30	
Reconnection/Journaling				10	
Case Studies				60	
Legal Issues				15	
Your Decision Making Process				15	
Your Personal Code of Ethics				40	
Pluses/Wishes/Closure				5	
Times are approximate	0	0	0	370	
Day Two Total (in hours)	0	0	0	6.16666667	



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Time in Minutes - Day Three

Module	Recovery Coaching/ Advocacy	Mentoring/ Client Education	Recovery Wellness/ Support	Ethics	Lunch/ Breaks
Welcome, Agenda, and Reconnection				5	
Huddles and Mingles/ Review of Day Two				25	
Review of Working Agreements				5	
Personal and Social Perspectives				80	
Organizations and Relationships				80	
SMART Goal				30	
Closing Activity				25	
Times are approximate	0	0	0	250	
Day Three Total (in hours)	0	0	0	4.16666667	



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Time in Minutes - Summary

CCAR Total Hours:	Recovery Coaching/ Advocacy	Mentoring/ Client Education	Recovery Wellness/ Support	Ethics	Free
16 hours	0.5			15.5	