



## Recovery Coaching in Justice Settings© - Breakdown of Hours

### Time in Minutes - Day One

Module	Recovery Coaching/ Advocacy	Mentoring/ Client Education	Recovery Wellness/ Support	Ethics	Lunch/ Breaks
Welcome, Introduction of Presenters and Participants	50				
Working Agreements	15				
Spectrum of Attitudes	40				
Where Do Recovery Coaches Serve?	30				
Journal	10				
Scenarios (1)	20				
Basic Needs		45			
Who Do We Serve?	60				
Scenarios (2)	20				
Pluses/Wishes/Closure	10				
<b>Times are approximate</b>	<b>255</b>	<b>45</b>	<b>0</b>	<b>0</b>	
<b>Day One Total (in hours)</b>	<b>5.25</b>	<b>0.75</b>	<b>0</b>	<b>0</b>	



## Recovery Coaching in Justice Settings© - Breakdown of Hours

### Time in Minutes - Day Two

Module	Recovery Coaching/ Advocacy	Mentoring/ Client Education	Recovery Wellness/ Support	Ethics	Lunch/ Breaks
Welcome, Agenda, and Reconnection	25				
Huddles and Mingles/ Review of Yesterday	25				
Ethical Considerations				30	
Recovery Coach Roles	30				
Staying in Our Lane	45				
Scenarios (3)	30				
Journal	10				
Custody, Control, Care	30				
Culture and Stigma			30		
Biases			30		
Safety	30				
Scenarios (4)	20				
Pluses/Wishes/Closure	20				
<b>Times are approximate</b>	<b>255</b>	<b>0</b>	<b>60</b>	<b>30</b>	
<b>Day Two Total (in hours)</b>	<b>5.25</b>	<b>0</b>	<b>1.0</b>	<b>0.5</b>	



## Recovery Coaching in Justice Settings© - Breakdown of Hours

### Time in Minutes - Summary

<b>CCAR Total Hours:</b>	<b>Recovery Coaching/ Advocacy</b>	<b>Mentoring/ Client Education</b>	<b>Recovery Wellness/ Support</b>	<b>Ethics</b>	<b>Free</b>
12 hours	10.5	0.75	1	0.5	